DISHES CONTAINING ALLERGENS

	Bar San					#						LUPIN		
	Cereals containing gluten	Celery	Crustaceans	Fish	Eggs	Peanuts	Soya	Milk	Nuts	Mustard	Sesame	Lupin	Molluscs	Sulphur dioxide and sulphites
Salt & Pepper Squid	~			~	•		✓						~	
Karage Chicken	•			~			✓							
Breaded Butterfly Prawns	~		~				✓							
Panko Calamari Rings	~						•						~	
Chicken Gyozas	•						•				•			

DISHES CONTAINING ALLERGENS

	A STATE OF THE STA					#						LUPIN		
	Cereals containing gluten	Celery	Crustaceans	Fish	Eggs	Peanuts	Soya	Milk	Nuts	Mustard	Sesame	Lupin	Molluscs	Sulphur dioxide and sulphites
Vegan Gyozas	V						✓				~			
Southern Fired Chicken Dippers	V													
Hot & Spicy Wet Chicken Dippers	V						m	V		m				
Sweet Chilli Fried Halloumi								~						
Sticky BBQ Pork Ribs						m			m	~				

DISHES CONTAINING ALLERGENS

	A STATE OF THE STA					#0						LUPIN		
	Cereals containing gluten	Celery	Crustaceans	Fish	Eggs	Peanuts	Soya	Milk	Nuts	Mustard	Sesame	Lupin	Molluscs	Sulphur dioxide and sulphites
Philly Cheese Steak Sandwich	~								✓		~			
Cheese Sandwich	V								✓					
Chicken, Bacon Chilli Mayo Sandwich	•				~				~		•			
Barton Bacon Burger	•				•				•		•			
Spiced Buttermilk Chicken	•				•				~					•

DISHES CONTAINING ALLERGENS

	Barrier St.					#						LUPIN		
	Cereals containing gluten	Celery	Crustaceans	Fish	Eggs	Peanuts	Soya	Milk	Nuts	Mustard	Sesame	Lupin	Molluscs	Sulphur dioxide and sulphites
Moving Mountains Burger	~						✓							
Womakie Wrap	~				~			V		~				
Hoisin Duck Wrap	~						~							
Sweet Chilli Chicken Wrap	~				~			V						
Mexican Spiced Burrito Chipotle Chicken	~	•			•			✓		~				

DISHES CONTAINING ALLERGENS

	State of the state					#						LUPIN		
	Cereals containing gluten	Celery	Crustaceans	Fish	Eggs	Peanuts	Soya	Milk	Nuts	Mustard	Sesame	Lupin	Molluscs	Sulphur dioxide and sulphites
Mexican Spiced Burrito BBQ Pulled Pork	•	•			•			✓		m				
Mexican Spiced Burrito 3 Bean Chilli	~	•			•			✓		m				
The American Hot Dog	~				•			/		•				
The Nacho Dog	~				•			✓						

DISHES CONTAINING ALLERGENS

	A STATE OF THE STA					#						LUPIN		
	Cereals containing gluten	Celery	Crustaceans	Fish	Eggs	Peanuts	Soya	Milk	Nuts	Mustard	Sesame	Lupin	Molluscs	Sulphur dioxide and sulphites
Beer Battered Cod	V			~										
Whole Tail Scampi	V		~											
Hunters Chicken	m				~			✓						
Ham, Egg and Fries	m				•									
Cajun Chicken Salad								✓						

DISHES CONTAINING ALLERGENS

	State of the state					#0						LUPIN		
	Cereals containing gluten	Celery	Crustaceans	Fish	Eggs	Peanuts	Soya	Milk	Nuts	Mustard	Sesame	Lupin	Molluscs	Sulphur dioxide and sulphites
Chilli Con Carne		•						✓		m				
Cumin Butternut Squash and Lentil Wellington							•							
Cajun Chicken	m				~									
Beef Lasagne	V	•						✓		m				
Pie of the Week "All Pies"	V	•					m	V		•	m			/

DISHES CONTAINING ALLERGENS

	A SOME					t of					6	LUPIN		
	Cereals containing gluten	Celery	Crustaceans	Fish	Eggs	Peanuts	Soya	Milk	Nuts	Mustard	Sesame	Lupin	Molluscs	Sulphur dioxide and sulphites
10oz Sirloin Steak	m				~			V						
10oz Ribeye Steak	m				~			~						
10oz Gammon Steak	m				~									
Fox in a Box	~				•	m		~	m	~				
Jacket Potato Beef Chilli & Cheese		~			~			/		m				

DISHES CONTAINING ALLERGENS

	A STATE OF THE STA					#						LUPIN		
	Cereals containing gluten	Celery	Crustaceans	Fish	Eggs	Peanuts	Soya	Milk	Nuts	Mustard	Sesame	Lupin	Molluscs	Sulphur dioxide and sulphites
Jacket Potato 3 Bean Chilli & Cheese		•			~			✓		m				
Jacket Potato Beans & Cheese					~			V						
Nachos 'Naked'								/						
Nachos 'Chipotle Chicken'					~			~						~
Nachos 'BBQ Pulled Pork'	•							~						

DISHES CONTAINING ALLERGENS

	A STATE OF THE STA					#						LUPIN		
	Cereals containing gluten	Celery	Crustaceans	Fish	Eggs	Peanuts	Soya	Milk	Nuts	Mustard	Sesame	Lupin	Molluscs	Sulphur dioxide and sulphites
Nachos '3 Bean Chilli'		~						V		m				
Cheeseburger & Fries	V							V						
Chicken Dippers & Fries	~													
Cheese Sandwich & Fries	V							V						
Kids Ice Cream							m	~						

DISHES CONTAINING ALLERGENS

	State of the state					#						LUPIN		
	Cereals containing gluten	Celery	Crustaceans	Fish	Eggs	Peanuts	Soya	Milk	Nuts	Mustard	Sesame	Lupin	Molluscs	Sulphur dioxide and sulphites
Lemon Tart	~				~	m		V	m					
Chocolate & Caramel Cake							~							
Biscoff Cheesecake	V				m		✓	~	m					m
Trillionaires Slice					m		~	m	m					
Adults Ice Cream							m	V						

DISHES CONTAINING ALLERGENS

	A STORY					#						LUPIN		
	Cereals containing gluten	Celery	Crustaceans	Fish	Eggs	Peanuts	Soya	Milk	Nuts	Mustard	Sesame	Lupin	Molluscs	Sulphur dioxide and sulphites
Loaded Fries "Beef Chilli & Cheese"	m	•						✓		m				
Loaded Fries "Bacon & Cheese"	m							✓						
Loaded Fries "Hoisin Duck & Cheese"	m						•	~						
Loaded Fries "BBQ Pulled Pork"	~							~						
Loaded Fries "3 Bean Chilli"	m	•						~		m				

Business Name	The Old Swan, Earls Barton	Menu Name Spring Menus	Date March 2023
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DISHES CONTAINING ALLERGENS

	A STANDARD					#						LUPIN		
	Cereals containing gluten	Celery	Crustaceans	Fish	Eggs	Peanuts	Soya	Milk	Nuts	Mustard	Sesame	Lupin	Molluscs	Sulphur dioxide and sulphites
Onion Rings	~													
Fries	m													
Side Salad														
Cheesey Garlic Bread	•							~						
Garlic Bread	•							V						

Business Name	The Old Swan, Earls Barton	Menu Name Spring Menus	Date March 2023
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DISHES CONTAINING ALLERGENS

	Barrier St.					The state of the s						LUPIN		
	Cereals containing gluten	Celery	Crustaceans	Fish	Eggs	Peanuts	Soya	Milk	Nuts	Mustard	Sesame	Lupin	Molluscs	Sulphur dioxide and sulphites
Chipotle Mayo					~									~
Garlic Mayo					~					/				~
Soured Cream								V						
Quacamole														
Hot Sriracha														
Vegan Mayo														